

## Observation of technical elements

### Visible elements:

#### Body:

- Do I sit enough stable?
- Are the shoulders down and relaxed?
- Does my elbow return always back to the relaxed position? (e.g. after shifting)

#### Hands:

##### Left hand:

- Is the left hand palm parallel to the neck? – Is the thumb at the right place?
- Are the fingers relaxed enough, or do I squeeze the neck?
- Are the motions of the fingers small enough? – Are my fingers close enough to the fretboard?
- Do I prepare all the motions?

##### Right hand:

- Is my wrist naturally straight in relation to the arm?
- Is my hand aligned with the arm?
- Is my wrist enough relaxed?
- Are the fingers relaxed enough or are they tensed?
- Are the motions of the fingers small enough?
- Do I prepare all the motions?

#### Generally:

- If something is not working, we should always try a different motion/position, or a different fingering. → Observe professional guitarists.

### Audible elements:

#### Tone production:

- Do I play right hand clicks?
- Do I play left hand strings squeaks?
- Do my hands play in sync?
- Are the technical elements, like slurs, rasgueado, arpeggio, harmonics etc. clear audible?
- Is the articulation like staccato, legato, portato, tenuto etc. clear audible?