

Opposing Motion Exercises

Martin for *tonebase* 2021

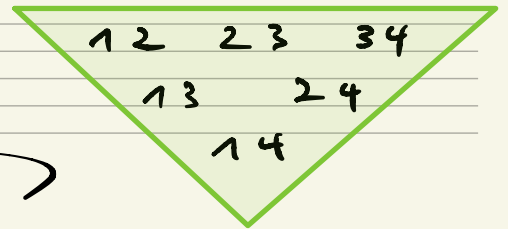
David Russel

① **Keep 1**
 1 2 1 2 1 2 1 2 || 3 4
 ↑ **Lift 3**

② **Lift 1**
 1 2 1 2 1 2 1 2 || 3 4
 ↑ **Keep 3**

③ **Lift 1**
 1 2 1 2 1 2 1 2 || 3 4
 ↑ **Lift 3**

Carlevaro - Slurs with fixed Finger

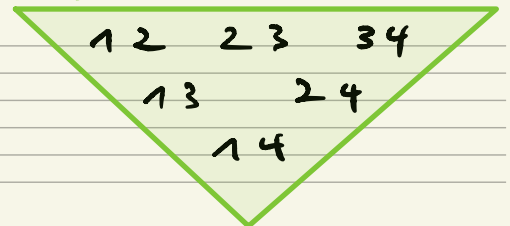


$\overset{\frown}{1\ 2\ 3\ 2}$ $\overset{\frown}{3\ 2\ 3}$ $\overset{\frown}{2\ 3\ 2}$ | $\overset{\frown}{1\ 2\ 4\ 2}$ | $\overset{\frown}{1\ 3\ 4\ 3}$

1, 2, 3, 4 as fixed fingers!

Tennant / Devroed / Carlevaro

fixed ↓
 5 (7 8) 6 (7 8) | ... | 5 (7 8) 6
 6 (7 8) 5 (7 8) | | 6 (7 8) 5

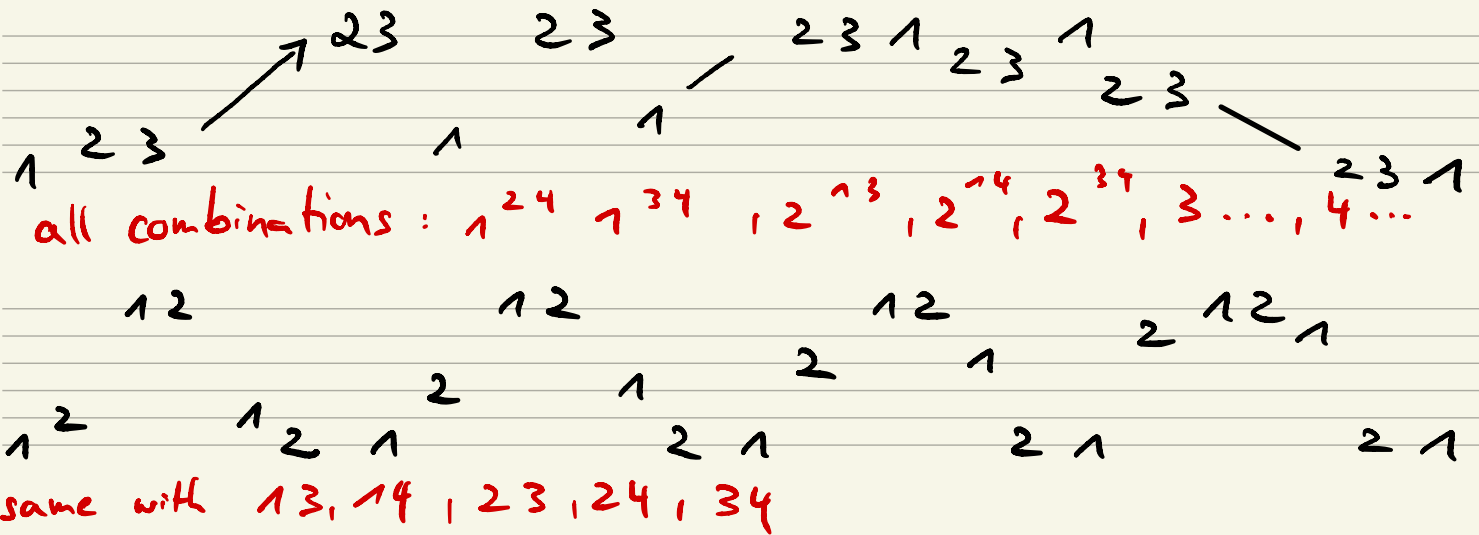


1 2 2 3 3 4 | 1 3 2 4 3 5
 2 1 3 2 4 3 | 3 1 4 2 5 3

with 1, 2!

(Artyom)

Boulevardis - Book 1



As always:

- Practice with enough relaxation in between, don't force your hand
- Don't try to cover the whole range from the beginning
- These exercises are fatiguing and not meant to be practiced for hours